

**Psychological assessment of students seeking admission to
Ayurved- a questionnaire based study.**

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ABSTRACT:

AYURVED is the ancient science of India. Though there are many practitioners of AYURVED and thousands of students taking admissions to this field every year, AYURVED is not accepted wholeheartedly in India itself and hence whether globalization is possible or not remains a question. It is observed that students opt for AYURVED only when they do not have chance for getting admission to MBBS and finally end up into frustration in their student life as well in future practice. Hence it is very much necessary

to understand the psychology of students seeking admission to AYURVED .In this present study an attempt is made to collect the opinions of students admitted to first BAMS regarding AYURVED. The information is collected through a questionnaire containing 14 questions and the conclusion is drawn.

KEY WORDS: Psychology, Ayurved students, Questionnaire.

INTRODUCTION-

Educational reforms in the field of Ayurved is the need of the hour as the ways of teaching and learning should be

changed to meet the needs of students seeking admission to Ayurved in today's era. The students coming to Ayurveda come from science background and hence do not have any base of Ayurved. Secondly they choose Ayurved as a secondary option. This has negative impact on their results which increases number of repeater students. Hence it becomes necessary to understand the psychology of students seeking admission to Ayurved, so that positive attitude can be inculcated amongst students about learning.

AIM-

- To assess psychology of students getting admitted to BAMS course.

OBJECTIVE-

PRIMARY OBJECTIVE-

- Assessment of psychology of students getting admitted to BAMS course.

SECONDARY OBJECTIVE-

- Developing positive attitude amongst students of AYURVEDA about learning.

HYPOTHESIS-

Assessment of psychology of students getting admitted to Ayurved is helpful in determining their attitude towards learning and counseling done for such students will help in establishing positive thoughts.

MATERIAL-

- 1) Textbooks of psychology, web search
- 2) Google form
- 3) WPS office
- 4) Students of 1st BAMS

METHOD-

- Questionnaire was prepared and a Google form was generated which was open for all the students of 1st BAMS of Ayurved Seva Sangh's Ayurved Mahavidyalaya, Nashik.
- The questionnaire contained 14 questions.
- 106 students of First BAMS filled this online form and the data was collected and analyzed statistically.

- Counseling sessions were arranged for students accordingly.

QUESTIONNAIRE

Q1. Did you plan to get admitted to BAMS?

1. Yes
2. No

Q2. Do you find Ayurveda pathy too ancient?

1. Yes
2. No

Q3. Have you heard of fatal diseases being cured completely by Ayurvedic treatment?

1. Yes
2. No

Q4. Do you think Sanskrit language is responsible for Ayurveda becoming a second choice of students?

1. Yes
2. No

Q5. Have you heard/read/seen articles related to Ayurveda in newspapers, books, magazines and advertisement on T.V on social media etc.?

1. Yes
2. No

3. Not much

Q6. Is electronic media playing a satisfactory role in propagating Ayurved?

1. Yes
2. No

Q7. Which language do you prefer for Ayurved education?

1. Marathi
2. Hindi
3. English
4. Sanskrit

Q8. Do Ayurvedic concepts fascinate you?

1. Yes
2. No

Q9. Should Ayurveda be taught with help of own terminologies solely or should be compared with modern science for easy understanding?

1. Ayurveda terminology
2. Modern terminology
3. Both

Q10. The reason behind you choosing BAMS as a career option? If others, please specify.

1. Having family background of Ayurveda

2. Self interest
3. As a career option to become a doctor
4. Other

Q11. If you are thinking about being a practitioner, which pathy would you prefer? If Allopathy,why? If Ayurveda ,why?

1. Allopathy
2. Ayurveda

Q12. Whether there should be a subject regarding Ayurveda in school life or in pre-professional education?If no,why?

1. Yes
2. No

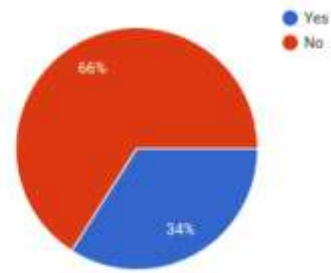
Q13. Why did you prefer BAMS over other Health Science courses except MBBS?

Q14. What personal efforts would/can you take in order to bring Ayurveda in mainstream?

OBSERVATIONS:

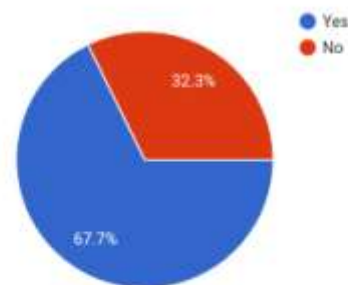
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1. Yes
2. No



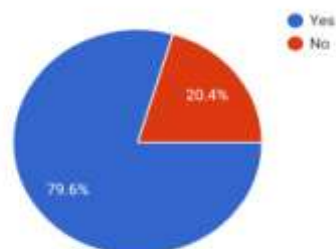
Q2.Do you find Ayurveda pathy too ancient?

1. Yes
2. No



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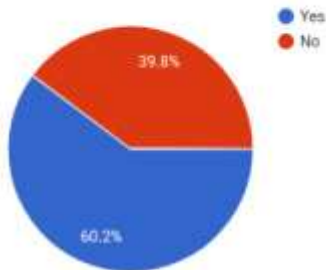
1. Yes
2. No



Q4. Do you think Sanskrit language is responsible for Ayurveda becoming a second choice of students?

1. Yes

2. No

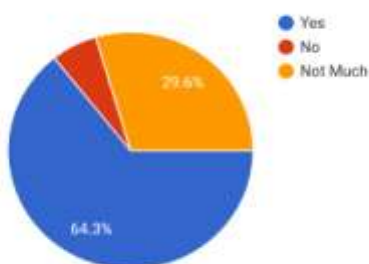


Q5. Have you heard/read/seen articles related to Ayurveda in newspapers, books, magazines and advertisement on T.V on social media etc.?

1. Yes

2. No

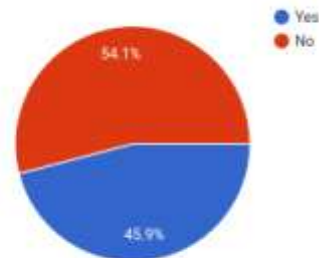
3. Not much



Q6. Is electronic media playing a satisfactory role in propagating Ayurved?

1. Yes

2. No



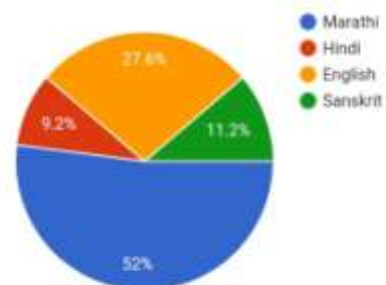
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2. Hindi

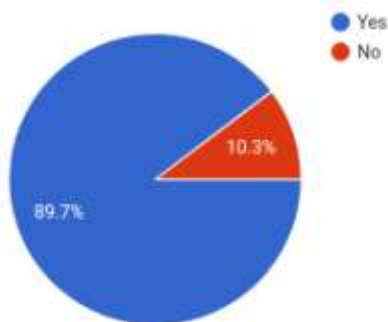
3. English

4. Sanskrit



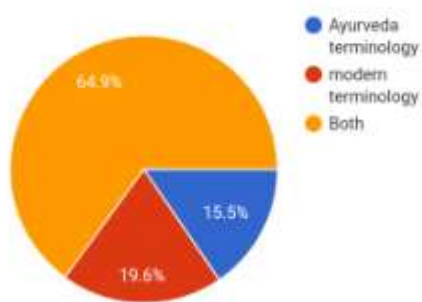
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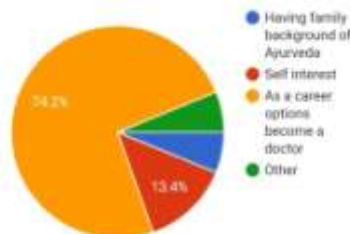
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2. Modern terminology
3. Both



Q10. What is the reason behind you choosing BAMS as a career option? If others, please specify.

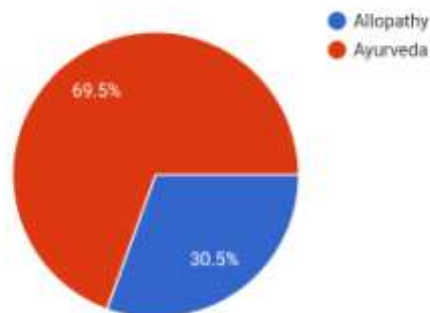
1. Having family background of Ayurveda

2. Self interest
3. As a career option to become a doctor
4. Other



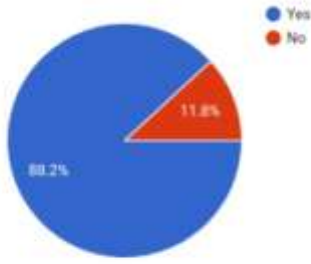
Q11. If you are thinking about being a practitioner, which path would you prefer? If Allopathy, why? If Ayurveda, why?

1. Allopathy
2. Ayurveda



Q12. Whether there should be a subject regarding Ayurveda in school life or in pre-professional education? If no, why?

1. Yes
2. No



Q 13. Why did you prefer BAMS over other Health Science courses except MBBS?

Q14. What personal effects would/can you take in order to bring Ayurveda in mainstream?

RESULT-

1. It was observed that 66 out of 100 surveyed students did not plan to get admitted to BAMS course.
2. 68% of students find Ayurved pathy too ancient ,32% think otherwise.
3. 80% of students have heard of fatal diseases being cured completely by Ayurved treatment.
4. 60 out of 100 students hold Sanskrit language responsible for Ayurved becoming second choice of students.
5. 64 out of 100 students have heard/read/seen articles related to Ayurved in newspapers, magazines, books and

advertisements on TV, social media etc.

6. 46% students feel that electronic media is playing a satisfactory role in propagating Ayurved.
7. 52%students prefer Marathi language for education in Ayurved faculty.
8. It is observed that 90% of students are fascinated by Ayurved concepts.
9. 65% of students think that Ayurved should be taught using both terminologies i.e. Ayurvedic and Modern, whereas 16% feel that Ayurved terminologies should be the sole option and 20% feel that modern terminologies should be preferred.
10. 5% students get admitted to Ayurved because they have family background related to Ayurveda,75% students choose BAMS as a career option to become a doctor,13%got admitted to BAMS due to self interest.
11. 70%students express their desire to become an Ayurved practitioner, while 30% prefer pursuing Allopathic practice.
12. According to 88% of students, there should be a subject regarding Ayurved in school life

or pre-professional education, while 12% say this subject is not required.

CONCLUSION:

- Students coming to Ayurved are completely unaware about the pathy when they take admission and hence there is a need of including some introduction about Ayurved in pre professional curriculum.
- Maximum students have Sanskrit phobia and hence necessary changes should be made to arouse interest about this subject.

- Students take admission to Ayurved as a second choice after MBBS as they just want to be doctors.
- Orientations programmes about learning process as well as currier opportunities should be arranged in the beginning of the course so as to reduce frustration.

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